

Patient's Name _____

CAUTION!! I HAVE OSTEOGENESIS IMPERFECTA (OI)
Handle me gently at all times.

I have osteogenesis imperfecta (OI), this means that I have:

- Fragile bones
- Fragile skin
- Loose joints
- Fragile Teeth
- Lying flat may be difficult
- I may have respiratory problems

SUPPORT my entire body when lifting or turning me.

- **DO NOT** pull on my arms to help me sit up or turn over.
- **DO NOT** force my head to turn.

My family and I can provide additional directions.

GENTLY remove any surgical tape or dressings; my skin is very fragile.

Check that the dose of all medicines has been adjusted to my small size.

Monitor blood pressure using a pediatric cuff if possible.

- **Do not** try and take a BP on a broken or curved arm.

Use Pediatric size equipment if necessary.

CONTACT my primary care doctor if you have questions about how to handle me.

Doctor's Name _____ Phone # _____

- **I have hearing loss and may not hear you if my aids are not in.**